



**AmeriCorps
Seniors**



Davis County Volunteer Opportunities

DCSS - For Individuals 18+

**Davis County Senior Services
(801) 525-5087**

RSVP- For individuals 55+

**AmeriCorps Seniors RSVP
(801) 525-5052 or (801) 525-5094**

- **Meals on Wheels** - Volunteers deliver lunches to homebound seniors. Help needed in Clearfield, Kaysville and Bountiful. Hours vary 9:00-12:30 M-F (days are flexible) **(DCSS) (RSVP)**
- **Senior Center Meals** - Volunteers assist with lunches provided at the Senior Activity Centers in Clearfield, Kaysville, and Bountiful. Hours vary M-F (days are flexible) **(DCSS) (RSVP)**
- **Front Desk Receptionist at Senior Centers** - Volunteers assist with answering phones, greeting and checking in Senior Center attendees and other light office duties. Weekly 3 ½ - 4 hour morning and afternoon shifts available M-F in Clearfield, Kaysville and Bountiful. **(RSVP)**
- **Activities Instructors/Coordinators At Senior Centers** - Volunteers lead various classes including exercise, crafts, art, card making, book club, etc. **(DCSS) (RSVP)**
- **Reading Mentors** - Volunteers work one-on-one with elementary students to improve reading and comprehension. Multiple locations throughout Davis County. Hours are flexible and vary. Generally 1-2 hours, once or twice per week. **(RSVP)**
- **State Health Insurance Information Program(SHIIP)/Senior Medicare Patrol(SMP)** - Volunteers teach others about Medicare, enrollment, guidelines, understanding claims/denials, & supplemental insurance. Volunteers also raise awareness of Medicare Fraud and Abuse **(DCSS) (RSVP)**
- **Friendly Caller** - Volunteers are matched with homebound or isolated seniors and make weekly calls to help increase social interaction, reassurance and wellness checks. Volunteer from home with flexible hours **(RSVP)**
- **Environmental Health** - Volunteers assist with various projects and duties within environmental health (water, air, and restaurant safety) Training is provided **(DCSS) (RSVP)**
- **Long-Term Care Ombudsman** - Volunteer advocate for residents of long-term care and assisted living facilities through regular facility visits. Training is provided **(DCSS) (RSVP)**
- **Davis County Animal Care** - Volunteers needed as Dog Walkers and Kitty Cuddlers as well as office and custodial work.

- **Living Well with Chronic Conditions and Living Well with Diabetes Peer Leaders** - Volunteers Co-facilitate these evidence-based programs in weekly workshops throughout Davis County. Must commit to attending all six weekly sessions (3 hours including set-up/take-down) Training Provided **(DCSS) (RSVP)**
- **Stepping on Fall Prevention Program** - Volunteers co-facilitate this evidence based confidence building program aimed at fall prevention. Must commit to attending all seven weekly sessions (2 ½ hours including set-up/take-down) **(DCSS) (RSVP)**
- **Operation Gratitude Letters** - Volunteers write letters or cards to deployed military personnel and veterans. Guidelines and sample letters provided. **(RSVP)**
- **Operation Gratitude Scarves for Troops** - Volunteers needed to knit or crochet scarves and hats for deployed military troops and veterans. Instructions and guidelines provided **(RSVP)**
- **Operation Gratitude Cards** - Volunteers needed to make or buy blank cards for deployed military troops to send home to their families. Instructions and guidelines provided **(RSVP)**
- **Operation Bundles 4 Babies** - Volunteers knit, crochet or sew blankets, hats, burp cloths, etc for gift baskets in support of military families of the 419th Air Force & Reserves as they welcome new babies. **(RSVP)**
- **Hospital Volunteers** - Hospital volunteers assist with information and referral, wheeling patients to test or discharging, staffing the gift shop, delivering flowers/supplies and light office duties. Training is provided **(RSVP)**
- **Antelope Island State Park** - Volunteers serve at the visitor center, gift shop, Fielding Garr Ranch, or on Trail Patrol helping to maintain the park. Training is provided. **(RSVP)**
- **Eccles Wildlife Education Center** - Volunteers serve as welcome hosts (morning and afternoon shifts), assist Program Specialists with field trip activities, and Trail Maintenance to keep nature trails at Farmington Bay in good condition. **(RSVP)**
- **Food Pantries** - Volunteers help collect, sort, catalog, package, and distribute food to clients and assist with client intake at Bountiful Community Food Pantry in Bountiful or Open Doors in Layton **(RSVP)**
- **Docent/Receptionist at Museums** - Volunteers needed at both Bountiful Historic Museum, Heritage Museum of Layton, Syracuse Regional Museum and the Bountiful Davis Art Museum. **(RSVP)**
- **Hospice Volunteers** - Provide companionship for patients and respite for families. Hospice volunteer visits can include playing games, reading a book, or just visiting with patients to help prevent isolation and give family members a needed break.